



Summer Brochure

May - August 2009

Welcome back for our second season at Oak Hills Tennis Club, located in Norwalk CT.

We are very excited for this new Season 2009 to begin.

Please review all of the policies and written information. To inquire about additional information or to sign up please call the Oak Hills Tennis Club!

165 Fillow Street,
Norwalk, CT 06850
www.oakhillstennisclub.com

(203) 838-9110

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General Club Information

Hours of Operation

Weekdays from 8am-8pm*

Weekends from 8am-Dusk*

** See Weather Policy*

Contact Information

Phone: (203) 838 9110

Fax: (203) 838 9118

Address: 165 Fallow Street,
Norwalk, CT 06850

E-mail: staff@oakhillstennisclub.com

Web: www.oakhillstennisclub.com

Rules & Regulations

1. **Cancellation Policy** – The following have a 24 hour Cancellation Policy, where you will be responsible for the payment if you do not cancel your booking; Open Courts, Private Lessons, Cardio Tennis as well as Stroke of the Week.
2. **Weather Policy** – Opening and closing times can change without notice due to adverse weather conditions. Call the club first if you are unsure about court playability.
3. **Free Evaluations** – If you are not sure of your level and you have played before you can be evaluated for free. If you have never played before you do not need an evaluation. In just 10-15 minutes you or your child will be evaluated so that we can find the most appropriate clinic for your level. Some levels may require a Pro evaluation and recommendation.
4. **Rules for Women's Darien, New Canaan, and Norwalk Interclub League** – All team players require a membership. All Matches are whites only. All players must arrive to matches no later than 9:15am on regularly scheduled match day unless otherwise specified. If there are inclement weather conditions, matches will be rescheduled.
5. **Open Court Policy** – All open courts must be swept as well as lined immediately following your scheduled court booking as a courtesy to the next players. For more open court rules please see pg. 4

Membership

Looking to play on Open Courts? Just call and book a court, or buy a season pass for the entire summer of play!

Any Non-Pass Holder (regardless of age)

\$10 per person/hr

Pass Holder (FREE open court time)

Junior/Adult Residents (of Norwalk*) - \$120

Senior Residents (of Norwalk*) - \$60

Junior/Adult/Senior Non-Residents - \$200

**Norwalk Residents must also purchase Park Pass for \$40. More information can be found at the Oak Hills Golf Club Pro Shop.*

ALL COURT BOOKINGS HAVE A 24/hr CANCELLATION POLICY.

All Passes are purchased and distributed at the Oak Hills Golf Shop.

Open Courts

When to book courts

- If you are a *pass holder* you are able to book courts up to one week in advance.
- If you are a *non-pass holder* you may book courts no more than two days in advance.

Rules

1. All open courts are to be booked in advance and are open to the public for up to two hours of playing time depending on availability. Courts must be booked in advance by calling the front desk or stopping by.
2. All open courts must be paid before you play.
3. If you play over your originally booked court time you are responsible to pay for extra time played.
4. Courts will be closed DAILY from 12-1pm & 5-6pm for sweeping and watering
5. Courts booked 7am and earlier must be pre-paid upon booking.
6. All Courts are to be swept & lined after play!
7. Proper tennis shoes are required on courts. No running sneakers.

Standing Summer Court Policy

There will be no courts to be pre booked beyond the regular booking policy, with the exception of the Men's Interclub Practices on Saturdays and Sunday 10am-12pm, Senior Play on Monday, Wednesday, and Friday 8am-10am and Women's Interclub Matches on Tuesday, Wednesday and Thursday 9:30-12:30.

Private Lessons

Rates

	<u>Head Pro</u>	<u>Assistant Pro</u>
Private		
.5 hr	\$45	\$40
1 hr	\$80	\$70
1.5 hr	\$120	\$105
Semi Private (Prices per person)		
.5 hr	\$25	\$22
1 hr	\$45	\$40
1.5 hr	\$65	\$55
3+ Private (Prices per person)		
.5 hr	N/A	N/A
1 hr	\$40	\$35
1.5 hr	\$60	\$50

~Call the club for time and pro availability~

Spring/Summer Session Dates

Our Spring/Summer Schedule is split into 3 sessions
Each session is 5 weeks per session. Clinics are held once a week.
The sessions are as follows:

SPRING/SUMMER

Session 1	May 18	-	June 19
Session 2	June 22	-	July 24
Session 3	July 27	-	August 28

Camp Session Dates

Our Summer Schedule is split into 10 weeks. Camps are held five days out of the week.
The weeks are as follows:

Week 1	June 22	-	June 26
Week 2	June 29	-	July 3
Week 3	July 6	-	July 10
Week 4	July 13	-	July 17
Week 5	July 20	-	July 24
Week 6	July 27	-	July 31
Week 7	August 3	-	August 7
Week 8	August 10	-	August 14
Week 9	August 17	-	August 21
Week 10	August 24	-	August 28

Program/Camp Prices

Adults

1 hour Clinic- \$175 per session

1.5 hour Clinic- \$250 per session

1 hour Cardio or Stroke of the Day- \$25/day

Juniors

Quickstart Program- \$175/session

Quickstart Camp- \$250/week or \$475/any 2 weeks

Development Program- \$500/2days+matchplay or
\$275/1day+matchplay

Development Camp- \$275/week or \$500/any 2 weeks

High Performance Program- \$750/session

High Performance Camp- \$600/week or \$1125/any 2 weeks

ALL CAMPERS:

There will be two water and snack breaks. Parents please provide water bottles and snacks. Also remember a hat and sun block!

Camp & Clinic

All of our clinics provide free Demo Tennis Racquets.

What to expect during inclement weather: Potential indoor courts may be available at KHTC or SRC.

Women's Spring Camp

The Women's Spring Tennis Camps are designed for all levels of play and will focus on stroke production, doubles strategy, and teamwork. Everyone enrolled in the camp will hit tremendous amount of balls, work hard, laugh a lot, and improve their game. Availability for the spring camps will be limited. Participants can sign up via e-mail (staff@oakhillstennisclub.com) or by calling the pro shop. If it rains we will do our best to reserve some indoor courts at Kings Highway Tennis Club so that we can continue with our camps.

Dates for Tune-up: May 11th –May 15th 2009

Price: \$50 per day
\$225 for the week

Monday (5/11) 9-11am (A/B team)

12-2pm (C team)

Tuesday (5/12) 9-11am (C team)

12-2pm (A/B team)

Wednesday (5/13) 9-11am (A/B team)

12-2pm (C team)

Thursday (5/14) 9-11am (C team)

12-2pm (A/B team)

Friday (5/15) 9-11am (A/B team)

12-2pm (C team)

**After your day(s) and time(s) are registered,
there will be no switching or make-ups.**

Women's Team Tennis

Darien, New Canaan & Norwalk Inter Club League

Dates for Teams: May 18th – July 24th 2009**

A Team* (*Level high 4.0-4.5*)

Price: \$400

Weeks: 10 Practices and Matches

Practice Day/Time: Monday 10:30-12pm

Match Day/Time: Tuesday 9:30am start (arrival no later than 9:15am)

B Team* (*Level high 3.0-3.5*)

Price: \$400

Weeks: 10 Practices and Matches

Practice Day/Time: Wednesday 10:30-12pm

Match Day/Time: Thursday 9:30am start (arrival no later than 9:15am)

C Team* (*Level 3.0*)

Price: \$400

Weeks: 10 Practices and Matches

Practice Day/Time: Tuesday 10:30-12pm

Match Day/Time: Wednesday 9:30am start (arrival no later than 9:15am)

All Whites Dress Code is required for all matches.

**Requires a Pass. See page 3*

*** An additional 4 weeks of practice will resume after the 10 weeks depending on sign-ups.*

Cardio & Stroke of the Day

Cardio

Looking for a great work out and don't want to go spend all your time at the gym? Cardio tennis is perfect for you! Sign up for an hour work out with a 6:1 ratio.

Days/Times

Tuesday	9:30-10:30am
Friday	10:30-11:30am
Men's Saturday	8-9am
Mixed Saturday	9-10am

(Times and days are subject to change)

Stroke of the Day

This will provide an opportunity to improve your tennis game by working on a different stroke each day. These clinics will be held throughout the season.

Days/Times

Monday	9:30-10:30am
Thursday	11-12pm

(Times and days are subject to change)

Prices for Cardio & Stroke of the Day

\$25 per person due before play (must be pre-paid; no make-ups)

Adult Clinics

Adult Clinics

SPRING/SUMMER (Three five week sessions beginning May 18th)

Clinic Days:	Mon, Tues, Wed, or Thurs
Times:	9-10:30am, 10:30-12pm
Weekend:	Saturday 9-10am
Price:	\$250/ 1.5hr session \$175/ 1hr session

Please call the office for more information on additional clinic times and days.

Junior Programs & Camps

Junior Development

In this Program players will be challenged to their full potential, including advanced stroke techniques, singles and doubles strategy, foot-work patterns, exciting drills and competitive match play. This is preparation for our Advanced Training Program.

Ages: 10years + up

Levels: Advanced Juniors (see pg. 2 for evaluations)

SPRING (First session only beginning May 18th)

Practice Days: Mon, Tues, Wed, or Thurs

Times: 4:30-6:00pm

Mandatory Match Play Friday: 4:30-6:00pm

Price: \$500 for 2days + Match Play

\$275 for 1day + Match Play

SUMMER (Weekly camps beginning June 22nd)

Practice Days: Mon-Fri

Times: 3-5pm

Match Play- included

Price: \$275/ week

\$500/ any 2 weeks

QuickStart

QuickStart Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring. QuickStart is designed for children to start playing points immediately. Special balls and smaller courts are used based on the child's age and level. QuickStart shrinks the court size to the size a child can handle. It teaches them the basic skills to play the game and to enjoy the experience of hitting balls over the net and playing points.

Please visit <http://consumers.quickstarttennis.com/> for additional information about QuickStart Tennis.

Ages: 5-10years

Levels: beginner- intermediate

SPRING (Three five week sessions beginning May 18th)

Practice Days: Mon, Tues, Wed, or Thurs

Times: 3:30-4:30pm

Match Play Friday: 3:30-4:30pm

Price: \$175

SUMMER (Weekly camps beginning June 22nd)

Days: Monday-Friday

Times: 9am-12pm

Price: \$250/ week

\$475/any 2 weeks

High Performance

High Performance takes tennis athlete development to a new level for our future stars! Disciplined technical development, applied mental skills training, practical nutrition/hydration education, and closely supervised weekly match play.

In this program players will be challenged and raise their game to the next level, Oak Hills professionals will be preparing the players, physically through drills as well as mental toughness on the court to reach their maximum level of competition.

Requires Head Pro Evaluation and Recommendation only
(see pg. 2 for evaluations)

SPRING (First session only beginning May 18th)

Days: Monday, Tuesday + Thursday

Times: 4:30-6pm

Price: \$750/ session

SUMMER (Weekly camps beginning June 22nd)

Days: Monday-Friday

Times: 1-5pm

Pricing: \$600/week

\$1125/any 2 weeks

ALL CAMPERS:

There will be two water and snack breaks. Parents please provide water bottles and snacks. Also remember a hat and sun block!

What to expect during inclement weather: Potential indoor courts may be available at KHTC or SRC.

Event Schedule

2009 Schedule

May

16th Introduction to Junior Quick Start Program
29th Welcome Party Round Robin 6-8pm

June

20th Women's Pro Am*
26th Margarita Night 6-8pm*
27th Pilot Penn Family Classic 9-12pm*

July

31st Mixed 8.0 Round Robins

August

7th Ladies Round Robin + Luncheon*
21st End of Summer Cookout 6-8pm

Pricing

*Fee for this event please call or stop by.

Sign up

Players may sign up during the week of the event.

Requirements

You must know how to play a match, keep a rally, and keep score.
(level 2.5 and above)



Oak Hills Tennis Club

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